

Who are you most likely to ask for help?

Source of help	Likely %	Unsure %	Unlikely %
LGBTQ individuals or groups	53.3	21.7	25
Mental health professionals	47.2	24.3	28.5
Peers	46.2	19	34.9
Family	19	17.2	63.8
Youth Group	15.9	27.1	57
Schools/ teachers	12.2	16.8	71