How helpful was the support, advice or information?

Sources of support

- LGBTQ youth group: Helpful 76.5%, Unhelpful 23.5%
- Internet: Helpful 75%, Unhelpful 25%
- Friend: Helpful 74.6%, Unhelpful 25.4%
- Boy/girlfriend: Helpful 66.7%, Unhelpful 33.3%
- Parent/carer: Helpful 52.7%, Unhelpful 47.3%
- GP: Helpful 50%, Unhelpful 50%
- NHS MH Services: Helpful 47.2%, Unhelpful 52.8%

McDermott et al. (2016) Queer Futures Report. Lancaster University