

## Project Update – Summer 2021

### PROJECT UPDATE

The team has now concluded the fieldwork phase and has started data analysis. The fieldwork took longer than anticipated due to Covid-19 and therefore the NIHR, who fund the research study, has granted an extension until 30<sup>th</sup> November 2022.

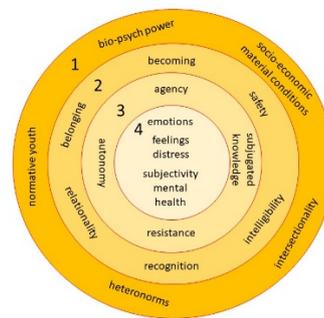
During the 11 month extension, we will be focussing on study outputs, including the NHS Commissioning Guidelines. We expect to set up a commissioning working group early in 2022 to kick off this piece of work.

We are also hopeful that some of the focus groups with LGBTQ+ young people that we have so far been unable to conduct due to the pandemic will take place.

In the last month, we are sad to have said goodbye to Emily Pattinson, our researcher based at Leeds who has taken up a post at Newcastle University. She will still be involved in some dissemination activities in the last year of the study.

### TWO NEW ARTICLES PUBLISHED

We have now produced two free academic articles. The paper in Social Science and Medicine - Mental Health is a result of the literature review and presents a model of care for LGBTQ+ youth mental health (see model below): “Explaining effective mental health support for LGBTQ+ youth: A meta-narrative review”: <https://bit.ly/2UqBT3n>



The paper in the British Student Doctor’s Journal reports on the mapping of LGBTQ+ youth specific mental health services. This will be published later in the summer.

### NEXT MEETINGS

**Research Team meeting:**  
Thursday 2<sup>nd</sup> September (9.30am to 11.30am)

**Project Advisory Group**  
Thursday 2<sup>nd</sup> September (12pm to 2.00pm)

# QUEER FUTURES 2

## IMPACT & DISSEMINATION

Despite having only just started data analysis, the project impact has been steadily increasing over the last year. There have already been significant knowledge exchange activities within the last 12 months; and on the back of the challenges to different working environments during the pandemic, a decision has been made to change the planned knowledge exchange conference to a series of differentiated webinars for diverse audiences (e.g. youth workers, NHS, education sector).

In the last year, we have taken part in a series of PHE webinars about LGBTQ+ young people; as well as speaking at the UK Government's "Children & Young People's Mental Health Conference"

The infographic below captures this activity over the last 12 months.



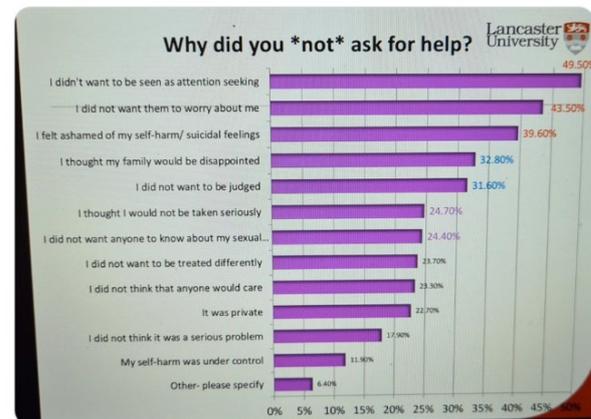
## ENGAGEMENT & SOCIAL MEDIA UPDATE

During the last quarter we have established a mailing list (through Mailchimp) to collect emails of interested parties and allow us to distribute details of publications, webinars etc. as well as potentially targeting groups such as NHS Commissioners.

Our current practice of live tweeting when QF2 is involved in webinars is proving to increase our engagement on Twitter, which feeds through to website visits and mailing list sign-ups.

Our current tweet with the most engagement is a tweet from a recent webinar regarding help-seeking in LGBTQ+ young people:

Over half of the young LGBTQ people questioned did not ask for help because they didn't want to be seen as attention seeking...



10:12 AM · Jul 6, 2021 · Twitter for Android

View Tweet activity

40 Retweets 6 Quote Tweets 113 Likes



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